

The Indian College of Obstetricians and Gynecologists (ICOG) has initiated a series of new academic updates, titled “*Current Opinion.....*”

For the first of the Current Opinion series, ICOG collaborated with the International Society of Androgen Excess and PCOS (AEPCOS) and had the first focused Update on the subject of “PCOS and Syndrome X” This focused meeting was held between 19 – 21st March 2010 at Goa Marriot Resort, Miramar beach, Panaji Goa. It was a great success with --- delegates. 14 credit points were awarded by ICOG to all delegates attending this update on PCOS and 6 credit points were awarded by the Goa Medical Council.

We had involved a multi disciplinary faculty from India and abroad to deliberate on this complex subject, which included gynaecologists, endocrinologists, cardiologists and infertility specialists. Both National and International experts in the field were present and put forth the current evidence based opinions on PCOS. This multi disciplinary approach to PCOS was much appreciated by all the delegates.

In this 3 day update, the topics discussed were metabolic and cardiovascular issues, obesity and androgen excess in PCOS. On the last day treatment of infertility and reproductive tract disorders in PCOS were discussed. Like never before the panel discussion had questions from delegates for all the speakers of that session. This approach helped the gynaecologists understand the practical issues on the subject better.

For the first time we had E-posters displayed. Of the twelve E- posters, the four best posters were presented as Oral presentations. To judge these E- posters there was a panel of 4 judges – 2 international and 2 national.

We have had a very good feedback both from the faculty as well as the delegates. This will make us move ahead in doing many more such focussed meetings, which will be of great clinical help to our gynaec fraternity.

Very soon all the presentations will be displayed for viewing as a PDF file on the ICOG website.

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